Call Your Doctor:

1. Every 6 months for an asthma check-up.
2. For medication refills or spacers for home/school/day care.
3. If your child needs to use Albuterol for more than 2 days and is not getting better.

Call 911 if Your Child:

1. Has breathing problems and bluish lips or fingernails.
2. Has breathing problems and can’t speak in a sentence without gasping for breath.
3. Has breathing problems and is sleepy and does not respond to you.

Allies Against Asthma
Developed by the Consortium for Infant and Child Health’s (CINCH) Allies Against Asthma Work Group
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