Join us for our one-of-a-kind program that teaches kids with asthma — and those who don’t — how to deal with this ever-increasing childhood issue. Created for all kids in grades 4-6, topics include:

- How the respiratory system works—and how asthma affects it.
- Things to look for to help yourself or a friend with asthma.
- How to use asthma tools to help yourself or a friend having an asthma attack.
- Positive decision-making to stay healthy.
- The effects of smoking on the body.

Space fills quickly. Sign up today!

When: 9:30 - 11:30 a.m.
- Tues., February 8
- Tues., March 8 or Thurs., March 17
- Tues., April 12 or Thurs., April 28
- Tues., May 10 or Thurs., May 26

Where: Children’s Health Education Center,
1533 N. RiverCenter Dr., Milwaukee.

To schedule, call Children’s Health Education Center at (414) 765-9355.